International Speaker, Coach, Author & Educator

Kay M. Adams

Licensed Clinical Social Worker & Founder of Compassion Works, LLC

Kay Adams, LCSW, is a coach, educator, clinician, author, and speaker. She is the founder of Compassion Works, LLC which provides individualized dementia coaching and educational offerings to families, professional care partners, and organizations on dementia-related topics. Kay is also a Certified Dementia Consultant and Trainer, and the award-winning author of, *"Bedside Witness: Stories of Hope, Healing, and Humanity."*

Kay's diverse background as medical social worker for over 2 decades enables her to create memorable speaking events which skillfully weave a combination of education, rich story-telling, case scenarios, and active audience engagement—with the added benefit of sharing laughs while you learn.

Kay M Adams
COMPASSION Works

kaymadams.com

kay@kaymadams.com
303-875-5508

Speaking Topics

All workshops and presentations can be customized from 20-75 minutes or more, and are suitable for families, professionals, and organizations. See website for complete list of offerings.

Drinking Deeply from the Well: Powerful Lessons on Life for the Living

In this **signature** keynote, Kay shares 3 powerful lessons from her book about having hope amidst the darkest of times, healing even if you can't be cured, and drinking deeply from the well of humanity when we most thirst for connection.

When You Don't Know What to Do: Supporting Dementia Caregivers in Your Community.

In this **inspirational** keynote, Kay provides an overview of dementia and the "long goodbye" care partners often experience.

Expect Good Things to Happen: Finding Gratitude in the Midst of Loss and Change

In this heartfelt keynote, Kay shares how a painful season of loss taught her that grief and gratitude can exist side by side, and how shifting our perceptions can bring more meaning, connection, and joy into our daily lives.

"Kay connects deeply with people. Her presence and compassion are calming. Her seasoned wisdom provides relief and hope. Kay makes this world such a better place!"
–Dan Johnson, MD

See website for Keynote descriptions. Other customized keynotes are available upon request.

Known for bringing passion, integrity, humor, and rich storytelling to all of her speaking engagements.

To discuss your group's needs, please email kay@kaymadams.com.