

Dementia Coach, Educator, Author & Speaker



Kay M. Adams

Licensed Clinical Social Worker & Founder of Compassion Works, LLC

Kay Adams, LCSW, is a coach, educator, clinician, author, and speaker. She is the founder of Compassion Works, LLC which provides individualized dementia coaching and educational offerings to families, professional care partners, and organizations on dementia-related topics. Kay is also a Certified Dementia Consultant and Trainer, and the award-winning author of, "*Bedside Witness: Stories of Hope, Healing, and Humanity.*"

Kay's diverse background as medical social worker for over 2 decades enables her to create memorable speaking events which skillfully weave a combination of education, rich storytelling, case scenarios, and active audience engagement— with the added benefit of sharing laughs while you learn.



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Speaking Topics

All customized workshops, keynotes, and trainings range from 20-75 minutes or more depending on preference, and are suitable for families, professionals, and organizations.

More Than Memory: Understanding Brain Change from the Inside Out

Memory Changes and the Aging Brain: Warning Signs & What to Do

Cultivating Competence and Compassion in Dementia Care: It's More than What you Know, It's How you Show It.

Workshop Review

"Kay connects deeply with people. Her presence and compassion are calming. Her seasoned wisdom provides relief and hope. Through her work as an educator, facilitator, coach, and speaker, Kay has touched thousands of lives. If I could clone her, I'd order 1,000 (as a start) and then ask for more. Kay makes this world such a better place!"

-Dan Johnson, MD

Known for bringing passion, integrity, humor, and a unique authenticity to her work, Kay can make often uncomfortable topics safe to explore for family and professional caregivers alike.

To discuss your group's needs, please email kay@kaymadams.com.