



## SPEAKING & WORKSHOPS

- Dementia-related workshops
- Customized training sessions for organizations
- Keynotes
- Team trainings & Lunch and learns

### Topics include (see the full list on my website):

- More Than Memory: Understanding Brain Changes & Dementia from the Inside Out
- Cultivating Competence and Compassion in Dementia Care
- Grief, Loss and Dementia
- Trauma and Dementia
- Dementia in Healthcare

*“Kay connects deeply with people. Her seasoned wisdom provides relief and hope. Kay makes this world such a better place!”*

*-Dan Johnson, MD*

## DEMENTIA COACHING

- Educating families about the disease and how to prepare for the future
- Creating successful strategies to minimize problematic behavioral symptoms
- Navigating the grief and loss that comes from caring for someone with dementia
- Increasing caregiver support and confidence through education and training

*“One of Denver's Finest Experts in Dementia”*

*-Colorado Caregiver's Guide to Dementia*

[Resources](#)

## CONTACT

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### KAY M. ADAMS

**Dementia Coach, Educator,  
Author & Speaker**

Kay Adams, LCSW, is a coach, educator, clinician, writer, and speaker. She is the founder of Compassion Works, LLC, which provides individualized dementia coaching, advance care planning, and educational offerings to families, professional care partners, and organizations on dementia-related topics. Kay is also a Certified Dementia Consultant and Trainer for Teepa Snow and Positive Approach to Care.

Kay's long and diverse background as a medical social worker in end-of-life care, geriatrics, and mental health enables her to bring great passion, integrity, humor, and a unique authenticity to her work.

**To find out more about Kay and Compassion Works, LLC, please visit [www.kaymadams.com](http://www.kaymadams.com).**