



SPEAKING & WORKSHOPS

- Dementia-related workshops
- Customized training sessions for organizations
- Keynotes
- Team trainings & Lunch and learns

Topics include (see the full list on my website):

- Cultivating Competence and Compassion in Dementia Care
- Grief, Loss and Dementia
- Trauma and Dementia
- Dementia in Healthcare
- Understanding the Difference Between Normal Aging and Dementia

“Kay connects deeply with people. Her seasoned wisdom provides relief and hope. Kay makes this world such a better place!”

-Dan Johnson, MD

DEMENTIA COACHING

- Educating families about the disease and how to prepare for the future
- Creating successful strategies to minimize problematic behavioral symptoms
- Navigating the grief and loss that comes from caring for someone with dementia
- Increasing caregiver support and confidence through education and training

“One of Denver's Finest Experts in Dementia”

-Colorado Caregiver's Guide to Dementia

[Resources](#)

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KAY M. ADAMS

**Dementia Coach, Consultant,
Trainer & Speaker**

Kay Adams, LCSW, is a coach, educator, clinician, writer, and speaker. She is the founder of Compassion Works, LLC, which provides individualized dementia coaching, advance care planning, and educational offerings to families, professional care partners, and organizations on dementia-related topics. Kay is also a Certified Dementia Consultant and Trainer for Teepa Snow and Positive Approach to Care.

Kay's long and diverse background as a medical social worker in end-of-life care, geriatrics, and mental health enables her to bring great passion, integrity, humor, and a unique authenticity to her work.

To find out more about Kay and Compassion Works, LLC, please visit www.kaymadams.com.