

## Connecting the Dots – Terms & Conditions

Keep this handy as a reminder of your class registration



**My Connecting the Dots Class date** \_\_\_\_\_ **Time** \_\_\_\_\_

**Location** \_\_\_\_\_

### INSTRUCTIONS:

Read these terms and conditions, then complete the attached questionnaire and mail with your payment

#### 1. Who should attend Connecting the Dots Classes

Connecting the Dots class is specifically designed for family members and friends who are concerned about or caring for someone who is living with any form of dementia.

#### 2. The person you are caring for must have a medical diagnosis of dementia

You will be able to tell me about the diagnosis when you complete your questionnaire.

#### 3. The Dots class is not designed for people with dementia to attend. Alternative arrangements must be made for their care while you attend the class.

Due to the limited size, design, and structure of the Connecting the Dots class, we are ONLY able to accommodate the 15 registered family members and friends (caregivers) in each Dots session. The Dots class is NOT designed for people with dementia to attend. No respite care services are available onsite for them during class time. If the person with dementia is not safe to be left home alone for you to attend this 2 ½ hour long session, please make other arrangements in advance for their care at home on the day of the Dots class. Give yourself this peace of mind in order to attend and benefit from the class without worry or interruptions.

#### 4. Register and pay for the class in advance

Participants must register for Connecting the Dots class in advance. If you haven't registered, you can do so at [www.kaymadams.com](http://www.kaymadams.com). Or by calling at (303) 875-5508. I am not usually able to accommodate walk-in class members. You can pay online using a credit card, or by mailing me a check.

#### 5. Complete a Connecting the Dots Questionnaire

It's critical that I understand your personal conditions, needs and questions. You'll find the questionnaire at [www.kaymadams.com](http://www.kaymadams.com).

## 6. Cancellation and refunds

I understand unexpected things can happen. Please call (303) 875-5508 as soon as you know you need to cancel or reschedule. If you need to cancel and it is up to 7 days prior to your class I will happily give you a refund. If you're not within the 7-day window, don't worry. You can apply your fees toward a later class or other Compassion Works, LLC services such as Dementia Coaching. No online cancellation is available.

### Connecting the Dots class supports you to:

- Understand brain changes caused by dementia
- Learn common signs of Alzheimer's Disease and other dementias
- Become familiar with community resources
- Find ways to cope with the stress and uncertainty of caregiving
- Become aware of the importance of planning for the future

**Class length:** 2 ½ hours

**Class Size:** Limited to 15 people

**Questions:** Call (303) 875-5508 or send email to [kay@kaymadams.com](mailto:kay@kaymadams.com)

**Classes are facilitated by Kay Adams** — Licensed Clinical Social Worker and founder of Compassion Works, LLC. Kay has supported people impacted by dementia throughout her career in geriatrics, mental health, and hospice and palliative care. Kay is passionate about educating and empowering caregivers around the disease of dementia. She teaches with authenticity, gentle humor, and compassion. Kay is known for creating a safe and supportive learning environment that invites you to share, explore, and engage.

Thank you for the opportunity to support you on this caregiving journey!

### Next steps

1. If you haven't registered for Connecting the Dots, please do so at [www.kaymadams.com](http://www.kaymadams.com) or by calling (303) 875-5508.
2. Complete and mail your Connecting the Dots Questionnaire found on page 3 and 4 of this document. If you prefer to fill it out online, go to [www.kaymadams.com/dots\\_classes/](http://www.kaymadams.com/dots_classes/)

## Connecting the Dots Class Questionnaire

Help us better understand your unique situation and goals for attending this class. Please provide as much of the following information as you can regarding the person who has been diagnosed with Alzheimer's or a related dementia, as well as important information about your individual needs and concerns as a care partner.

**Your Name** \_\_\_\_\_ **Date** \_\_\_\_\_

**Phone** \_\_\_\_\_ **Email** \_\_\_\_\_

**Referred by:** \_\_\_\_\_

### About the person you're caring for

Tell us about the person with Alzheimer's or a related dementia in your life that you are concerned about

**Their name** \_\_\_\_\_ **Age** \_\_\_\_\_

**Relationship to you** \_\_\_\_\_

**Where do they reside?** \_\_\_\_\_

**What specific kind of memory impairment or dementia do they have?**

\_\_\_\_\_

**Has the memory impairment or dementia ever been formally diagnosed?** Yes \_\_\_\_\_ No \_\_\_\_\_

**If YES, when was it diagnosed and by whom?**

\_\_\_\_\_

Complete on next page

What specific issues, questions or concerns do you have about your family member or friend with dementia that you are hoping will be addressed in the Connecting the Dots class? (For example: safety concerns, disease education, behavioral challenges, caregiver stress)

**Sign and mail your agreement**

- I have read and understand the terms and conditions for participants in Connecting the Dots classes (see page 1 and 2 of this document)
  
- I understand that people with dementia cannot attend.

**Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Mail to: [Kay Adams](mailto:kay@kaymadams.com)  
[Compassion Works, LLC](mailto:kay@kaymadams.com)  
[3291 Garland Street](mailto:kay@kaymadams.com)  
[Wheat Ridge, CO 80033](mailto:kay@kaymadams.com)

Include your payment of \$65 if you have not already paid.