(303) 875-5508
kay@kaymadams.com
www.kaymadams.com

Kay M. Adams
Compassion Works

Coaching Client Questionnaire

Help us better understand your unique situation and goals for coaching. Please provide as much of the following information as you can regarding the person who has been diagnosed with Alzheimer's or a related dementia, as well as important information about your individual needs and concerns as a care partner.

Your Name_____ **Date** _____

Address _____

City _____ **State** _____ **Zip Code** _____

Phone _____ **Email** _____

Referred by: _____

About the person you're caring for

Tell us about the person with Alzheimer's or a related dementia in your life that you would like coaching or consulting services tailored around?

Their name _____ **Age** _____

Relationship to you _____

Where do they reside? _____

What specific kind of memory impairment or dementia do they have?

_____

Has the memory impairment or dementia ever been formally diagnosed?
Yes _____   No _____

If YES, when was it diagnosed and by whom?

_____

Have you ever discussed what they would or would not want in terms of their future medical care as their illness changes over time?   Yes _____   No _____

Have they ever documented any medical wishes in an Advance Directive such as a Living Will or a Medical Durable Power of Attorney form? Yes _____   No _____

About your coaching needs

Why are you seeking dementia coaching or consulting services at this time?

What specific issues or goals are you interested in addressing or achieving during the coaching/consulting process? Please be as specific as possible. For example, Safety concerns, disease education, behavioral challenges, caregiver stress …

Do you have any concerns or fears about the future related to caregiving or dementia that you would like to address in coaching?

What or who have you historically relied on to get you through challenging times in your life? What practices or people do you currently turn to for support when life is stressful?

Are there any specific ways that your coach could best support you in order to get the most value out of the coaching relationship and experience?

Is there anything else that you would like your coach to know that would be helpful?

✉ Mail to: Compassion Works, LLC, 3291 Garland Street, Wheat Ridge, CO 80033